

September 2010

Milford Senior Center
(248)685-9008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Line Dancing 10:00 Mah Jongg 11:30	2 No Stretch/Strength Euchre 12:30 Pinochle 12:30 Blood Pressure and Ask the Nurse 11:45	3 Quilt/Crochet/Knit 10:00 Coffee Club 10:00 McCotter Rep 10:00 Bridge 12:30 Wii Bowling 1:00	4
5	6 CENTER IS CLOSED	7 Stretch/Strength 10:45 Movie 1:00 "Old Dogs"	8L ine Dancing 10:00 Mah Jongg 11:30 Birthday Lunch 12:00 "Are You Smarter Than a Fifth Grader?"	9 Stretch/Strength 10:45 Euchre 12:30 Pinochle 12:30	10 Spaghetti Dinner 5-7 Quilt/Crochet/Knit 10:00 Coffee Club 10:00 Bridge 12:30 Sock Hop @ Bakers 6-10	11
12	13 Walking Class 10:00 Book Club 1:00 Attorney 1:00 Board Meeting 3:30 Computer Class 1-2	14 Seamstress 10:30 Stretch/Strength 10:45 Bingo 1:00	15 Line Dancing 10:00 Mah Jongg 11:30 Pig Roast 5:00	16 Stretch/Strength 10:45 Euchre 12:30 Pinochle 12:30 Hearing Tests 9-12:30	17 Quilt/Crochet/Knit 10:00 Coffee Club 10:00 Bridge 12:30 Wii Bowling 1:00	18
19	20 Walking Class 10:00 Movement 10:30 Veterans Lunch 12:00 Cribbage 12:30	21 Stretch/Strength 10:45 Pot luck 5:00 Movie 1:00 Widow's 12:00	22 Line Dancing 10:00 Mah Jongg 11:30	23 Stretch/Strength 10:45 Euchre 12:30 Pinochle 12:30	24 Quilt/Crochet/Knit 10:00 Coffee Club 10:00 Bridge 12:30 Wii Bowling 1:00	25
26	27 Flu Shots Clinic 9-11 Walking Class 10:00 Movement 10:30 Cribbage 12:30	28 Seamstress 10:30 Stretch/Strength 10:45 Red Hats Meeting 12:00 Bingo 1:-00	29 Line Dancing 10:00 Mah Jongg 11:30	30 Stretch/Strength 10:45 Euchre 12:30 Pinochle 12:30		

October 2010

Milford Senior Center
(248)685-9008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Coffee Club 10:00 Quilt/Crochet/Knit 10:00 Spaghetti Dinner 5-7:00 Balance Class 1-2	2
3	4 Walking Class 10:00 Movement 10:30 Book Club 1:00 Computer Class 1-2	5 Stretch/Strength 10:45 Movie 1:00	6 Line Dancing 10:00 Mah Jongg 11:30	7 Stretch/Strength 10:45 Euchre 12:30 Pinochle 12:30	8 Coffee Club 10:00 Quilt/Crochet/Knit 10:00 Bridge 12:30 Wii Bowling 1:00 Balance Class 1-2	9
10	11 Walking Class 10:00 Movement 10:30 Attorney Nawrocki 1:00	12 Seamstress 10:30 Stretch/Strength 10:45 Bingo 1:00	13 Line Dancing 10:00 Mah Jongg 11:30 Birthday Lunch 12:00	14 Stretch/Strength 10:45 Euchre 12:30 Pinochle 12:30	15 Coffee Club 10:00 Quilt/Crochet/Knit 10:00 Bridge 12:30 Dr. Tabak 9:30-12:30 Balance Class 1-2	16
17	18 Walking Class 10:00 Movement 10:30 Health Care Reform Bill 12:30	19 Widows 12:00 Stretch/Strength 10:45 Movie 1:00 Pot Luck 5:00 Treasured Albums 12:30	20 Line Dancing 10:00 Mah Jongg 11:30	21 Stretch/Strength 10:45 Euchre 12:30 Pinochle 12:30	22 Coffee Club 10:00 Quilt/Crochet/Knit 10:00 Bridge 12:30 Wii Bowling 1:00	23
24	25 Crafts 9:30 Walking Class 10:00 Movement 10:30 Removing the Mysteries of Probate Court 1-3	26 Seamstress 10:30 Stretch/Strength 10:45 Red Hats Meeting 12:00 Bingo 1:00	27 Line Dancing 10:00 Mah Jongg 11:30	28 Stretch/Strength 10:45 Euchre 12:30 Pinochle 12:30	29 Coffee Club 10:00 Quilt/Crochet/Knit 10:00 Bridge 12:30 Wii Bowling 1:00 Balance Class 1-2	30
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